

Kennett Primary School



PSHE & Citizenship Policy

Policy owned by Kennett Primary School's Local Governing Body	
Approved on:	April 2015
Date of next review:	Spring 2018
Chair Signature:	C.Littlewood



Introduction

We aim to provide a secure and caring atmosphere where moral and spiritual values will be developed throughout the whole curriculum. We believe that by developing the ‘whole person’ we will enable individuals to lead a rewarding, satisfying and fulfilling life. Personal, Social and Health Education provides the opportunity for all members of the school team to explore and understand their relationship to themselves, to others and to the world we live in. Citizenship helps our school because it supports inclusion and promotes behaviour, equal opportunities, respect and responsibility.

Subject Definition

The areas included in PSHE and Citizenship are Self Esteem, Sex & Relationship Education, Drug and Tobacco Education, Personal Safety, Relationships and Healthy Lifestyles.

PSHE and Citizenship help to give pupils the knowledge, skills and understanding they need to lead confident and healthy, independent lives and to become informed, active, responsible citizens. The PSHE policy also underpins our provision and policies in many other areas of the curriculum and School life as a whole. These policies are connected with our work in PSHE and Citizenship: Science, R.E. and P.E.

Aims of PSHE and Citizenship

Many of the school’s aims form the foundation of the PSHE and Citizenship Policy. These are the main aims of the teaching of PSHE and Citizenship at our school:

- to encourage respect for oneself and others;
- to develop self-awareness, positive self-esteem and confidence;
- to develop a healthy lifestyle;
- to learn to keep themselves and others safe;
- to develop effective and satisfying relationships seeking help if they are worried;
- to learn to relate to others and respect the differences between people;
- to develop independence and responsibility;
- to play an active role as members of society to respond to the world in which they live;
- to be happy and fulfilled in the knowledge of their own ability;
- to feel able to communicate their ideas and feelings to others;
- to make real choices and decisions;
- to meet the needs of all by taking into account these protected characteristics (outlined in the Equality Act 2010):
 - Age
 - Disability
 - Gender Reassignment
 - Pregnancy and Maternity
 - Race
 - Religion or belief
 - Sex
 - Sexual orientation



- to liaise with groups in the community that may benefit the school e.g. Foodbank, local charities, school nursing team, dental professionals

Curriculum Organisation

The Scheme of Work followed at our school is the Cambridgeshire Scheme of Work for PSHE and Citizenship with the addition of SEAL (Social and Emotional Aspects of Learning). This breaks the curriculum into cycles, identifies different areas for each year group and ensures continuity and progression between Key Stage 1 and 2 and between each age group. The topics are Emotions, Risk and Change, Me and My relationships, Citizenship, World of Drugs, Keeping Safe and Growing & Changing. The two-year cycle of PSHE and Citizenship is found in Appendix 1.

The subject is taught by the class teacher to the class as a whole, where appropriate.

Resources

Each class teacher uses the lesson notes outlined in the Cambridgeshire Scheme of Work for PSHE and Citizenship as well as the SEAL units of work. The lessons are broken down into units of work and provide suggestions for activities, appropriate worksheets and lists of resources. The main resources are listed in the Cambridgeshire Scheme of Work for PSHE and Citizenship, which is continually being reassessed and updated.

Equal Opportunities

All children have an entitlement to access the PSHE and Citizenship curriculum. Every child should be given the opportunity to take part in all aspects of the PSHE curriculum with equal respect with regard to age, disability, gender reassignment, pregnancy and maternity, race, religion or belief, sex or sexual orientation. All children have access to appropriate resources available in school, which will reflect a multicultural society, without stereotyping or discrimination. The school is sensitive to the fact that we are a multi-cultural society and so aims to educate the children to be aware of different cultural backgrounds and religious beliefs.

Teaching and Learning Strategies

In order to address the active triangle of knowledge, skills and attitudes, a wide range of methodology needs to be used in PSHE teaching. Activities will include: Whole class discussion, small groupings, paired and individual work, Brainstorming, Circle games and activities, Role play, use of puppets, 'Draw and Write' approach, Visits from outside agencies, The use of videos, stories and worksheets.

Community Links

Working in partnership with parents and carers and with the wider school community is an essential element of PSHE and Citizenship. We work closely with parents and members of the wider community in a number of ways:

- Parents, governors and, if appropriate, outside agencies are consulted when sensitive policies related to PSHE are reviewed.
- Inviting the local clergy to take weekly assemblies.

PSHE & Citizenship Policy

Page 3 of 5



- Encouraging parents to be actively involved in the school day.

Smoking

We are committed to achieving the five outcomes for children as stated in Every Child Matters. When considering the use of tobacco on our premises the 'Be Healthy' outcome is paramount.

Smoking is not permitted in any part of the premises, entrances or grounds at any time, by any person regardless of their status or business with the school. This extends to the use of our building outside school hours. This will be agreed beforehand with those who use our premises.

Review and Monitoring

The effectiveness and the implementation of this policy will be monitored by the Headteacher and PSHE coordinator. Assessment is carried out using the assessment tools linked to Cambridgeshire Scheme of Work for PSHE and Citizenship.

Assessment is used as a tool for detecting risks, and to identify focus areas for further learning opportunities.



Appendix 1

PSHE Long term Plan		
<p>Saplings The plans are integrated into the term planning so the timings vary.</p>	<ul style="list-style-type: none"> • Identities and Diversity • Me and My World • My Body and Growing Up • Keeping Safe • Healthy Lifestyles • Beginning and Belonging • Family and Friends • My Emotions 	
<p>Aspen, Birch and Willow Identical topics but age related content</p>	Year A (2014 – 2015)	Year B (2015 – 2016)
<p>Autumn</p>	<ul style="list-style-type: none"> • Rights, Rules & Responsibilities • Financial Capabilities • Anti-bullying 	<ul style="list-style-type: none"> • Beginning and Belonging • Family and Friends
<p>Spring</p>	<ul style="list-style-type: none"> • Managing Risk • Safety Contexts • Drug Education (Life Education bus) 	<ul style="list-style-type: none"> • Healthy Lifestyles • Personal Safety
<p>Summer</p>	<ul style="list-style-type: none"> • Working Together • My Emotions 	<ul style="list-style-type: none"> • Diversity and Communities • Managing Change • Sex and relationships Education (Information session for parents to view resources)